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## ***Thought For The Week!***

### **Accepting All – By Rev. Dr. Chris Farmer**

It's amazing how much I see great works. People in motion all around, expressing them selves and coming alive in the creative juices we call life. To express through the creative process is unique and each one of us has our path. I heard a quote recently from the book called "The Journey That Never Was" by DavidPaul and Candance Doyle that got me thinking. "If you see another person in the world and think anything of them other than that they are a beloved and whole child of God, then that is the ego feeding you that thought." To truly embrace this thought, in its entirety, would be wonderful.

How many of us can truly say that we look upon all our relationships as if they are a "Child of God?" Does a child irritate us? Yes, sometimes. But we give children the benefit of the doubt. We give them patience and encourage them to grow. We see a child in what they could be as well as what they are. We put no limits or judgments on what they can do, for we know that they will eventually achieve anything that they put their mind to.

The Course in Miracles® says you can not over estimate your brother's worth. What this means is that no matter how much you try to estimate your brothers value, they are more. When we judge them and look at them as something other than a child of God, we have put a limit on who they are. When we see them entirely and together, we stand with our brother united in love.

This reminds me of the quote from Corinthians 13 that says "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, and always perseveres." I see this now. A world that is just perfect. We are like little children. We are playing out our roles and going out in the backyard to have some fun. You can be a cowboy and I'll be a priest. Watch out though, we don't know what our neighbor may show up as. Life is exciting.

Remember that who we are is not our behavior. Who we are is not our role. A role defines how love is expected to show up, but it is not us. We are infinite. We are undefined. Our worth was given to us at birth and it can not be over estimated. It is maximal. At every moment, we are doing the best that we know how. We are here to express ourselves. To be at one and to enjoy this thing called life. As the bible would say, in Mathew 18, "change and become like little children."

Peace and Blessings To All

**Want to submit  
an article?**

[chris@keepingcentered.com](mailto:chris@keepingcentered.com)

## **My Commitment<sup>®</sup>**

**By Dr. Michael Ryce – please copy and share w/o permission;  
acknowledgement appreciated.**

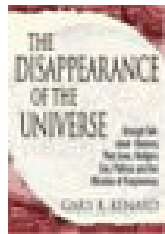
*I promise to TRUST you enough to treat you LOVINGLY, gently and with respect,  
in my thoughts, words and actions, whether in your presence or not.*

*In every interaction I will surrender to LOVE, our true nature. Being connected  
to my source and my relationship with you will always be more important than  
any issue. If anything unlike LOVE comes up, I will hold us in my heart as we  
each experience, speak and are RESPONS-ABLE for our realities.*

*I will be there, for and with you, keep communication open and keep LOVE  
conscious, active and present AS WE HEAL!*

## **Special Event - Saturday, June 18, 2005**

**The Disappearance of the Universe – By Gary Renard**



Spend a fascinating day with Gary as he relates his true experiences of being visited in person by the two ascended masters (Arten and Pursah, also known as Saint Thomas and Saint Thaddaeus). For more information about this event, being hosted by the Unity of Beaverton, contact Ted Brunnell on telephone (503) 682 6147 or email [tedsal@earthlink.net](mailto:tedsal@earthlink.net).

## **About KeepingCentered<sup>®</sup>**

We are dedicated to expanding our horizons and our consciousness of who we are and how we can make a difference. We strive to share, learn and tutor how to see, smell, live and breathe spiritual awareness in all of our daily lives. We are a non-profit interfaith organization that honors all beliefs, cultures and circumstances. "What is all encompassing has no opposite." We aim to create a safe atmosphere for all to learn and grow to full consciousness of who we really are and to experience true unconditional love to and for all. As the workbook of "A Course In Miracles" observes - be open – you need not believe the ideas explored, nor accept them – be willing not to judge, but maybe at least to utilize.

If you want to know more about KeepingCentered, our "A Course In Miracles" or other activities that we undertake, call Rev. Dr. Chris Farmer on (503) 819 3698.

Love and Blessings

## ***KeepingCentered® Activities***

### **Tuesday, April 5, 2005 (\*)**

7:00pm-7:45pm The Disappearance of the Universe Pt I (by Gary Renard)  
(topic presented by Ted Brunnell)

7:45pm-9:15pm ACIM Study Group

### **Tuesday, April 12, 2005 (\*)**

7:00pm-7:45pm The Disappearance of the Universe Pt II (by Gary Renard)  
(topic presented by Rev. Dr. Chris Farmer)

7:45pm-9:15pm ACIM Study Group

### **Tuesday, April 19, 2005 (\*)**

7:00pm-7:45pm The Disappearance of the Universe Pt III (by Gary Renard)  
(topic presented by Ted Brunnell)

7:45pm-9:15pm ACIM Study Group

### **Tuesday, April 26, 2005 (\*)**

7:00pm-7:45pm Keeping Centered In The Middle of Turmoil  
(topic presented by Rev. Dr. Chris Farmer)

7:45pm-9:15pm ACIM Study Group

### **Tuesday, May 8, 2005 (\*)**

7:00pm-7:45pm Active Listening  
(topic presented by Rev. Dr. Chris Farmer)

7:45pm-9:15pm ACIM Study Group

### **Tuesday, May 10, 2005 (\*)**

7:00pm-7:45pm Power of Thought – Science of the Mind (by Ernest Holmes)  
(topic presented by Rev. Dr. Chris Farmer)

7:45pm-9:15pm ACIM Study Group

(\*) All Tuesday night events are held at the Sycamore Room, Beaverton Community Center.

## ***Special Speaking Event***

**Sunday, May 8, 2005**

**9:30am-11:30am**

Rev. Dr. Farmer will be speaking at the McMinnville New Thought Fellowship, a newly formed gathering meeting every Sunday at the McMinnville Community Center, 600 NE Evans, McMinnville. For details, call Rev. Dr. Farmer (503) 819 3698.

**Visit Us On The  
Web!**

[www.keepingcentered.com](http://www.keepingcentered.com)

## ***Other Activities in Oregon Centered around "A Course In Miracles"***

### **Mondays**

#### **Steven Holland**

(☎ 954-816-6582)

Beaverton – 12:00pm to 1:00pm

#### **Susan Colalillo / Charles Martell**

(☎ 503-829-7592)

Molalla – 7:00pm to 9:00pm

### **Tuesdays**

#### **Chris Farmer** (program on page 3)

(☎ 503-819-3698)

Beaverton – 7:00pm to 9:15pm

### **Wednesdays**

#### **Valerie Keartes**

(☎ 541-914 0431)

Eugene – 10:00am to 11:45am

#### **William Daniels**

(☎ 503-314-6902)

Portland – 7:00pm to 8:30pm

#### **Ted Brunnell** (1<sup>st</sup> Wed)

(☎ 503-789-2133)

Wilsonville – 7:00pm to 9:00pm

#### **Steven Holland**

(☎ 954-816-6582)

Beaverton – 12:00pm to 1:00pm

### **Thursdays**

#### **Ted Brunnell**

(☎ 503-789-2133)

Wilsonville – 7:00pm to 9:00pm

### **Fridays**

#### **Steven Holland**

(☎ 954-816-6582)

Beaverton – 12:00pm to 1:00pm

### **Sundays**

#### **Steve Richardson**

(☎ 503-804-2520)

Hillsdale – 7:00pm to 8:30pm

#### **Steven Holland**

(☎ 954-816-6582)

Beaverton – 7:00pm to 9:00pm

**Want to be  
added to the  
list?**

Email

[chris@keepingcentered.com](mailto:chris@keepingcentered.com)